

Personal Coaching: Be Confident – Know Yourself

Becoming more authentic requires a deep understanding of self. Dig deep as you answer these questions.

As best you can discern, what do you really believe you were created to do on this earth—and are your current goals and purpose in alignment? Life Purpose: _____

Are your current goals in alignment with your life's purpose? _____

Think about accomplishments as well as missed opportunities of the past, and capture in one sentence what you would *like* your future legacy to be. _____

Connect with Your Passion. What work/life activities are so satisfying that you look forward to doing them. For example:

What types of projects excite you so much that they feel more like play than work? _____

What types of things do you learn quickly? _____

Does your passion relate more to a setting, a process, an activity, or a field of work? _____

Are there work areas that combine multiple facets of your passion with your current skills, talents, and capabilities? _____

Clarify Your Unique Personality Talents. What are your innate traits—your natural strengths and struggles?

Strengths: _____

Struggles: _____

How do these impact your career and leadership choices? _____

Do you accept and operate with confidence in your authentic self? _____

Do you believe that being your authentic self enable you to be the best you can be, enabling you to serve as the best leader you can possibly be? _____ If not why not and what would it take for your to believe that?

Bottom Line: Authentic leadership flows from the inside out. You will be most successful and fulfilled when you clarify who you uniquely are in terms of purpose, passion, and personality, and then lead authentically from that core.